

San Quentin



Count: 72 Wall: 4 Level: Improver

Choreographer: Bjarne Hansen (Wild Steps) 09-04-2019

Musik: San Quentin by Ninette Pedersen & Jes Jessen (CD: Country Expressen – Country forever – dmcd2669)

Section 1. Lock step, Scuff, Lock step, Scuff.

1-2-3-4 Step forward on right foot, lock left foot behind right foot, step forward on right foot, scuff left foot.

5-6-7-8 Step forward on left foot, lock right foot behind left foot, step forward on left foot, scuff right foot.

Section 2. Toe Struts Back, R-L-R-L.

1-2-3-4 Step right toe back, drop right heel down, step left toe back, drop left heel down,

5-6-7-8 Step right toe back, drop right heel down, step left toe back, drop left heel down.

Section 3. Vine right, Touch, Vine Left ¼ turn left, Scuff.

1-2-3-4 Step right foot to right, step left foot behind right foot, step right foot to right, touch left foot.

5-6-7-8 Step left foot to left, step right foot behind left foot, step left foot to left with ¼ turn left, scuff right foot.

Section 4. Heel Struts, R-L-R-L.

1-2-3-4 Step forward on right heel, drop right toe, step forward on left heel, drop left toe.

5-6-7-8 Step forward on right heel, drop right toe, step forward on left heel, drop left toe.

Section 5. Mambo, Hold, Lock back, Hold.

1-2-3-4 Rock forward on right foot, rock back on left foot, step right foot beside left foot, hold.

5-6-7-8 Step back on left foot, cross right foot over left foot, step back on left foot, hold.

Section 6. Coaster, Hold, Hip bumps, Hold.

1-2-3-4 Step back on right foot, step left foot beside right foot, step forward on left foot, hold.

5-6-7-8 Step left foot forward, bumping hips forward, bump hips back, bump hips forward, hold.

Section 7. Hip bumps, Hold, Coaster, Hold.

1-2-3-4 Step right foot forward, bumping hips forward, bump hips back, bump hips forward. Hold.

5-6-7-8 Step back on left foot, step right foot beside left foot, step forward on left foot, hold.

Section 8. Step Right, Hold, Step Left, Hold, 2x ½ Turn left.

1-2-3-4 Step right foot forward, hold, step left foot forward, hold.

5-6-7-8 Step right foot forward, turn ½ left, step right foot forward, turn ½ left.

Section 9. Toe Struts, R - L, Jazz box

Section 9 Reserved for Wall 1 & 2

1-2-3-4 Step right toe forward, drop right heel down, step left toe forward, drop left heel down.

5-6-7-8 Cross right foot over left foot, step left foot back, step right foot to right side, step left foot beside right foot.

Ending Wall 8: Repeat count 1-8 on section (1) to count 1-2 on section (2) Count 3-4: Step back on left foot with ¼ turn left, Hold. Count 5: Cross right foot over left foot